3 on 3 Half-Court Adult Basketball Rec League


Game Times: Game 1 @ 6:15pm | Game 2 @ 7pm | Game 3 @ 7:45 | Game 4 @ 8:30

Number of Teams and Players: League will consist of 8 teams.

Cost: $200 per team

Games per team: Each team will have 14 regular season games scheduled. Two games per night for 7 weeks and a post season single elimination tournament.

Rules and Regulations:

- Regular rules apply unless otherwise specified.
- Game must start with 3 players per team but can end with 2 players per team.
- The game will be two 14 minute halves with a running clock except for the last minute of each half.
- Half-time will be 2 minutes long.
- Each team gets 2 time-outs per half with no carry overs.
- All time-outs are 45 seconds each.
- Each game will begin with a coin toss to determine possession called by the home team.
- Overtime will be a 1 minute period with a max of 2 OT periods with the home team calling the coin toss.
- If the game is still tied after 2 OT periods, we will go to sudden death with the visiting team calling the coin toss to determine possession.
- Every in-bound play will begin behind the red line near half-court and the ball must be thrown in with-in 5 seconds. Ball cannot be inbounded behind red line. Must be in front of the red line toward the basket.
- When the ball is in-bounded, no offensive player is allowed in the paint until the ball is in the air meaning the other two offensive players must start outside the paint until the ball is in the air.
- There will be alternating possessions after each score.
• The ball must be cleared at or beyond the 3pt line by the defense unless there is a steal, a block shot that doesn’t hit the rim, or an air ball shot by the offense. If there is any other change of possession where the ball does not hit the rim, the ball does not have to be cleared at the 3pt line. Clearing the ball at or beyond the 3pt line means an offensive player shoots the ball and the ball hits the rim on the missed shot and the defense secures the rebound. The defender that secured the rebound can either dribble to the 3pt line or pass it to a teammate that is on or beyond the 3pt line. That rebounder or the teammate must have possession of the ball and at least one foot on or beyond the 3pt line in order for the ball to be deemed clear.

• Seven team fouls per half will result in a 1 and 1.
• Ten team fouls per half will result in 2 shots.
• A player can foul out with 5 personal fouls.
• Each team must have numbers on their jerseys and must be the same or similar color for each team member.

City of Knoxville
Parks and Recreation
knoxville.tn.gov/recreation

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