Larry Cox  
Senior Center  
3109 Ocoee Trail  
(865) 546-1700

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| **Thought for the Month:**  
Worry feeds the problem(s) &  
Faith sees the problem(s) | Walking 8:30am  
Beginner Line Dance 1pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am | Walking 8:30am  
*M* Bingo 12pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am  
Faithful Crafting - Stepping Stone 11:30am | Walking 8:30am  
Sightseeing & walking TBA  
(meet there) 10am  
Contact Center for Details | *** If unable to go call the center  
(9am - 1pm) 11:30am  
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Pamela Mitchell

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| **Therefore encourage one another**  
daedify one another.  
1 Thessalonians 5:11 | Walking 8:30am  
Beginner Line Dance 1pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am | Field Trip: Farmer's Market  
at Market Square (sign up)  
9am - 1pm  
*** If unable to go call the center | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am  
Faithful Crafting - Stepping Stone 11:30am | Walking 8:30am  
Sightseeing & walking (meet there) 10am  
Contact Center for Details | **15**  
6th Barbara Caudle  
7th Loretta Cordell  
8th Frances Bryant  
9th Marcella McKinney  
27th Sue Johnson  
29th Marie Rankin

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| Walking 8:30am  
Beginner Line Dance 1pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am | Walking 8:30am  
*M* Bingo 12pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am  
Faithful Crafting - Stepping Stone 11:30am | Trip: Bel-Air Grill in Halls &  
Shopping (sign up) 8am-1pm  
*** If unable to go call the center | **AUGUST BIRTHDAYS**

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| Walking 8:30am  
Beginner Line Dance 1pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am  
Beginning Crochet w/Lisa  
(drive over to RL) 12pm  
Sign up-please | Walking 8:30am  
*M* Bingo 12pm | Walking 8:30am  
Tennis at Edgewood Park 9am  
Stretching/Exercise 10am  
Faithful Crafting - 11am-12:30pm | Walking 8:30am  
Sightseeing & walking Adair Park  
(meet there) 10am  
Contact Center for Details | **28**  
29th Barbara Caudle  
30th Loretta Cordell  
31st Frances Bryant  
6th Marcella McKinney  
17th Sue Johnson  
29th Marie Rankin

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| Walking 8:30am  
Beginner Line Dance 1pm | Center hosts voting precinct | **VOTE ELECTION DAY**

**COVID-19 Safety**  
Precautions in place. Masks required. No outside rentals/events are being held until further notice.

**HOURS OF OPERATION**  
Monday - 8am-4pm  
Tuesday 8am-4pm  
Wednesday 8am-4pm  
Thursday 8am-4pm  
Friday 8am-4pm  
Unless noted & subject to change

For more information, please visit www.knoxville.gov/recprograms