



Community Breastfeeding Resources

<p>LANE COUNTY WIC PROGRAM 151 W 7th Avenue; Room 210 Eugene 541-682-4202</p> <p>Tammy Johnson, BS, IBCLC 541-682-4674 Leticia Ibarra-Andrade *Se Habla Español* 541-682-4669 Alicia Alarcon *Se Habla Español* 541-682-4323</p>	<p>Breastfeeding support services are for WIC clients only. All services are free of charge. Bilingual services provided. Se habla español.</p> <p>Telephone breastfeeding support available. Call to schedule any of the following: a breastfeeding class, an office visit with the IBCLC or a breastfeeding specialist, to get a breast pump or help with pumping.</p> <p>Baby Check in: Drop-in support Thursdays from 10:00-11:30am. Have your questions answered and weigh baby.</p> <p>All in-person services on hold during pandemic-call for support.</p>
<p>Abreast Lactation 541-221-6929</p>	<p>Cathy Rasmussen, BSN, IBCLC At Riverbend, prefers text to calls. Consult only, no visits.</p>
<p>ALICE STROUD, IBCLC, MA, LMT 541-206-7282</p>	<p>In-home and telephone breastfeeding support and education on a sliding scale/donation basis. Also craniosacral therapy, infant massage, developmental movement, birth repatterning, birth & postpartum doula services.</p>
<p>BABY CONNECTION Parenting Now! 86 Centennial Loop, Eugene 541 434-4343 Email: enroll@parentingnow.org</p>	<p>Weekly drop-in IBCLC lactation support & networking opportunity for new parents. Hosted by Parenting Now! Free. Wednesdays from 11am-noon.</p> <p>Currently on Zoom due to Pandemic</p>
<p>Best Beginnings Infant Feeding Support 541-525-5731 call or text</p>	<p>Debbie Jensen, BSN, M.Ed., IBCLC In-home and phone BF support and pre-delivery consultations.</p>
<p>Daisy C.H.A.I.N. Creating Healthy Alliances In New-Mothering 541-505-1139</p> <p>Daisy C.H.A.I.N. PO Box 10375 Eugene Oregon 97440</p>	<ul style="list-style-type: none"> • Home visits: In person or via telehealth • Text Support: Simple questions, or need nursing support now! • Nursing Nook: Drop in lactation and feeding support from and IBCLC, emotional support from peers • Daisy's Group: Facebook group moderated by an IBCLC and community/peer contribution and connections <p>Services are available starting in the prenatal period, and through your immediate postpartum, regardless of the outcome of your pregnancy. Home visits are scheduled on an as-needed basis during the early days after birth, and text phone support is as well as in person at Nursing Nook for the duration of the nursing relationship.</p>



<p>LA LECHE LEAGUE OF EUGENE 541-741-6055 Helpline Facebook page: https://www.facebook.com/La-Leche-League-Of-Eugene-OR-1888827384135/ Website: https://lalecheleagueoregon.webs.com/localeugene</p>	<p>Please check Facebook or call to confirm date, time & location of monthly meetings.</p> <p>Mission: La Leche League USA helps parents, families, and communities to breastfeed, chestfeed, and human milk feed their babies through parent to parent support. LLL USA encourages, informs, educates, supports, and promotes the use of human milk and the intimate relationship and development that comes from nursing a child for as long as mutually desired.</p> <p>All in-person services cancelled due to pandemic.</p>
<p>LOVING ARMS LACTATION LLC 541-852-3213 www.lovingarmslactation.com Devorah Bianchi RN, IBCLC, ANLC</p>	<p>Breastfeeding education. In-home lactation consultations and support</p>
<p>MCKENZIE Midwives & Lactation Services 960 N. 16th St. Suite 104 Springfield, OR 97477 541-744-8660</p>	<p>Prenatal and postpartum breastfeeding support. Weekly baby clinic for breastfeeding and newborn weighing. Lactation support available 24/7. Bilingual services provided. Se habla español.</p>
<p>MCKENZIE-WILLAMETTE MEDICAL CENTER Women's Health & Birth Center 1460 G Street Springfield 541-726-4471 Lisa Eldridge RN, IBCLC Debbie Overholt RN, IBCLC</p>	<p>Breastfeeding education: call 541-741-4649 to register for classes. Bedside lactation support for in-hospital patients.</p>
<p>SACRED HEART MEDICAL CENTER @ RIVERBEND Lactation & Feeding Support Services Inpatient & Outpatient 3333 RiverBend Drive Springfield 541-222-3922</p>	<p>This program serves all families in the community regardless of the delivery location. Telephone counseling. Bedside lactation support for in-hospital patients.</p>
<p>WOMEN'S CARE 590 Country Club Parkway Eugene 541 868-9700 541-686-2922 Currently no IBCLC services</p>	<p>Offer Breastfeeding Basics class for pregnant women and new mothers. Office consultation available to all Women's Care clients, telephone counseling available 24 hours a day 7 days a week Breastfeeding classes. Referrals accepted from Eugene Pediatrics. Se habla Espanol.</p>



<p>OREGON MEDICAL GROUP Center for Women’s Health 541-686-7007</p>	<p>Telephone or in-patient assistance for OMG patients. Monday-Friday 8am - 5pm.</p>
<p>PACIFIC WOMEN’S CENTER 10 Coburg Road, Suite 100 Eugene 541-342-8616 pacificwomenscenter.com</p>	<p>Lactation classes to PWC clients only. (\$10.) Telephone and office consultations as well as breast pumps for sale/insurance to PWC clients.</p>
<p>Additional Community Breastfeeding Resources:</p>	
<p>COMMUNITY BREAST PUMP ACCESS *Insurance or Purchase only</p>	<p>All Med 541-485-3141 Norco Medical 541-343-0304—includes delivery to hospital Northwest Medical 541-485-4395</p>
<p>FACEBOOK GROUPS *listing these groups does not imply an endorsement of the breastfeeding information or support they may contain</p>	<p><u>Lane County:</u> Attachment Parenting of Lane County Eats on Feets Oregon Human Milk 4 Human Babies - Oregon La Leche League of Eugene/Springfield Lane County Women Infants and Children MAMA NIPLES (Breastfeeding in Eugene, Springfield, Lane County) Milky Mamas of Oregon Natural Moms & Dads of Eugene/Springfield The Coolest Mamas in Eugene WellMama</p> <p><u>State:</u> African American Breastfeeding Coalition Breastfeeding Coalition of Oregon Latina Breastfeeding Coalition Oregon Inter-Tribal Breastfeeding Coalition</p>
<p>MILK DROP Donate your extra Breastmilk PeaceHealth Community Milk Drop 3333 RiverBend Drive Springfield Call to make drop appointment after screening complete: 541-222-MILK / 541-222-6455</p>	<p>To become a screened donor, contact the Northwest Mothers Milk Bank in Portland at 503-469-0955 or toll-free at 800-204-4444.</p> <p>Prescreened donors can call the Milk Drop to make a drop off appointment. Must have an appointment.</p>